7 STEPS TO HEALING

We as humans have given money its value of exchange, so we also have the power to change how we utilize it.

These steps are a means to both heal, and translate this healing into action.

**PATIENCE AND GRIT ARE REQUIRED AT EACH STEP.**

Certain steps may need to be revisited, and the entire process may need to be repeated.

These steps aren’t necessarily linear.

1. **GRIEVE**
   - Stop and feel the hurts we’ve endured

2. **APOLOGIZE**
   - Apologize for the hurts we’ve caused.

3. **LISTEN**
   - Acknowledge the wisdom of those excluded and exploited by the system, who possess exactly the perspective and wisdom needed to fix it.

4. **RELATE**
   - Share our whole selves with each other and understand we don’t have to agree in order to respect each other.

5. **REPRESENT**
   - Build whole new decision-making tables, rather than setting token places at the colonial tables as an afterthought.

6. **INVEST**
   - Put all our money where our values are.

7. **REPAIR**
   - Use money to heal where people are hurting and stop more hurt from happening.